

GOOD TO KNOW NEWSLETTER

PLAY THERAPY UNITED KINGDOM

MONTHLY MEMBERS NEWSLETTER

The Good To Know is PTUK'S monthly newsletter, providing important information, useful updates and links, resources, membership information and notices.

If there are any specific topics you'd like to discuss further, or would like to be added to the newsletter, or if you are not receiving your copy, please let us know by sending us an email to contact@ptukorg.com



if you would like to feature in the Good to Know Newsletter, please let us know!

READ MORE 



FOLLOW US ON
SOCIALS FOR
REGULAR
UPDATES &
IMPORTANT
MEMBER UPDATES



JEFF & MONIKA

MONIKA SHARES THE STORY OF JEFF, PARTNERSHIP, AND THE HEART BEHIND PLAY THERAPY INTERNATIONAL

HOW DID YOU AND JEFF FIRST MEET?

After more than thirty years of teaching, I had resigned from school and started my own psychotherapy practice working with adults in London. For the first time in my life, I was self-employed, and I remember wondering whether I would always have enough clients. Marketing was not something people really spoke about then, so I asked a friend if she knew anyone who could advise me.

She introduced me to a consultant who was working at BT at the time. We agreed to meet near my Harley Street practice. He took me to a restaurant and began talking about marketing — and I promptly stood up and left, thinking this was not what I wanted at all! He followed me outside and said, “You didn’t give me much of a chance.” So I agreed to listen for one hour.

During that hour — and a few Pimm’s later — our conversation shifted from marketing to dreams and the future. He asked what I really wanted, and I said, rather boldly, “Sixteen million pounds.” When he asked why, I explained my vision: I wanted to train to work with children, buy a large country house, invite artists to live and create there, and offer therapy to children free of charge.

We began meeting again and again, talking about children, play therapy, and possibilities. Eventually we travelled to France together — and that was really the beginning of everything.

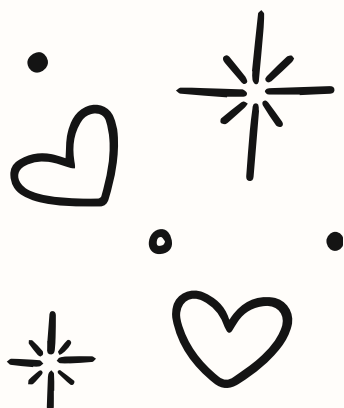
That is how Jeff came into my life.



WHEN DID YOU REALISE YOUR CONNECTION WAS MORE THAN PROFESSIONAL?

I think it was already there on the first day. We discovered we shared the same birthday — the 12th of May — drove exactly the same car in the same colour, and kept finding unexpected similarities. It felt extraordinary that a complete stranger could feel so familiar. Jeff was older than me and very much a gentleman, while I was quite different in style and temperament. But once I truly listened to him, I experienced how gentle, kind, and deeply knowledgeable he was — never arrogant, just quietly thoughtful. Over time, the connection grew naturally.

After several meetings, he said something remarkable: he wanted to devote his life to helping realise my dream of working with children. He left a very successful career to do exactly that, and for the next 24 years we built the work together.



DID YOU EVER IMAGINE YOUR SHARED PASSION WOULD GROW INTO ORGANISATIONS LIKE PTUK, PTI AND BEYOND?

No — not at all. At that time, play therapy was barely known. Even terms like trauma or mental health were not widely used. When Jeff spoke about marketing at conferences, we were once even asked to leave because people felt it was inappropriate.

But Jeff believed in developing standards, competencies, and collaboration. Many resisted those ideas at first, yet slowly the profession began to evolve. We learned through challenges, conversations, and persistence.

Today, what I miss most is having that rock beside me — someone I could turn to and say, “I don’t know what to do here.” Life changes, of course, but as long as what grows continues to benefit children, the work lives on.

WHAT VALUES DID YOU AND JEFF WANT PTI AND PTUK TO BE BUILT UPON?

Cooperation was central — working together toward a shared aim. We believed in integration and a holistic understanding of the child, the parent, and the wider system.

We valued loyalty, generosity, and inspiring others so that more children across the world could access therapy. Often we gave training places for free or travelled to teach without payment because the larger vision mattered more than immediate gain.

Another core principle was personal development. We believed therapists must first develop themselves so that whatever passes through the child can move through us without barriers. Therapy was never about instructing children, but about being truly present with them — communicating in whatever language they needed, whether words, music, or play.

IF JEFF COULD SEE PTI AND PTUK TODAY, WHAT DO YOU THINK HE WOULD BE MOST PROUD OF?

I think he would be proud that the work continues — that it has survived and grown. He would especially love seeing how play therapy has flourished in places like Asia and South Africa.

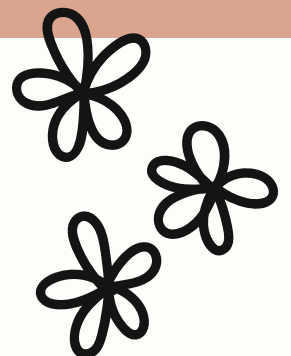
We often spoke about planting seeds that would grow into trees. Trees lose branches, they heal, and they continue growing — but only if they are nurtured. Jeff always thought in the bigger picture, while I was often focused on the immediate challenges. Together, that balance helped prepare the future so the work could continue even after he was gone.

IS THERE SOMETHING PERSONAL YOU WOULD LIKE PEOPLE TO KNOW ABOUT JEFF?

Jeff had a wonderful ability to tell stories — especially when speaking with academics. He would research what interested them beforehand and then tell a story that spoke directly to their world. Parts of those stories were sometimes invented, but nobody ever realised — except me, because one of his nostrils would move when he added something imaginary! In many ways, he was creating therapeutic stories for adults. That was his gift.

AS PTI AND PTUK CONTINUE TO GROW, WHAT DO YOU HOPE ALWAYS REMAINS AT THEIR CORE?

Kindness. Always kindness.



WHAT MADE YOU AND JEFF SUCH A STRONG TEAM, BOTH PERSONALLY AND PROFESSIONALLY?

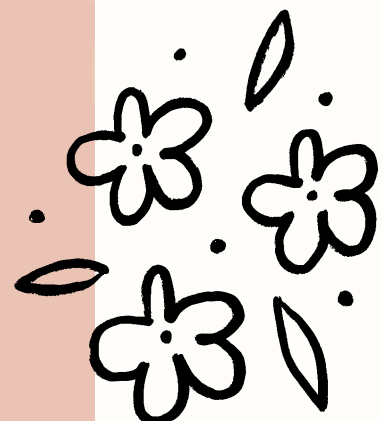
I was the clinician, and Jeff was the strategic mind behind everything. He programmed, wrote articles, answered complex correspondence, and constantly generated ideas about how to grow the work. When he suggested something new, I could ground it clinically and say what was or wasn't appropriate.

Very early on he said, "Professionally, there can only be one boss — and that must be you." Even when we disagreed, he supported my clinical judgement completely.

We travelled the world together and worked side by side almost constantly. In 24 years, I think we spent only three days apart. It worked because we respected each other's strengths and trusted one another deeply.

AND FINALLY – WHAT WAS YOUR FAVOURITE THING ABOUT JEFF?

His smile.



MEMBERSHIP INFO

1. MEMBERSHIP INFO
2. MEMBERSHIP RENEWAL
3. PTI MEMBERSHIP FEES 2026
4. MEMBERSHIP E CARDS
5. NEW ROLLING REVALIDATION

PROFESSIONAL DEVELOPMENT

1. 2026 ANNUAL CONFERENCE
2. POST-QUALIFYING COURSES
3. ACADEMY OF PLAY AND CHILD PSYCHOTHERAPY - POST GRADUATE CERTIFICATE IN PLAY THERAPY, DIPLOMA IN PLAY THERAPY, MASTERS IN MA IN PRACTICE BASED PLAY THERAPY.
4. MANDATORY CPD TRAINING

CHILD MENTAL HEALTH CHARTER NEWS AND UPDATES

WHAT'S HAPPENING AROUND THE WORLD

1. UPCOMING COURSES
2. SUPERVISIONS TOP UP COURSE
3. SUPERVISION SUPPORT FORUM DATES
4. CLINICAL FORUM DATES

CPD WEBINARS AND FURTHER CPD TRAINING

RESOURCE OF THE MONTH

DISCIPLINE WITHOUT DAMAGE &
PARENTING RIGHT FROM THE START
BY DR. VANESSA LAPOINTE

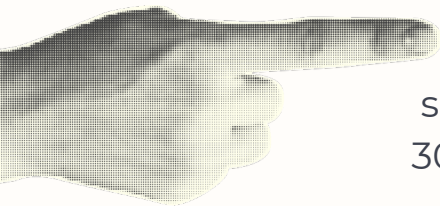
*'PLAY IS THE
CORNERSTONE OF
HEALTHY CHILD
DEVELOPMENT.
CHILDREN NEED
DEDICATED TIME
FOR PLAY IN THEIR
DAYS,' 'WHEN WE
HONOR CHILDREN
FOR WHO THEY ARE
- NOT WHO WE
THINK THEY SHOULD
BE - EVERYTHING
CHANGES.'*



THINKING OF UPGRADING TO ACCREDITED OR SENIOR
SUPERVISOR GRAD?

DID YOU KNOW YOU CAN DO THIS FREE OF CHARGE
BETWEEN MAY AND OCTOBER. DON'T WAIT UNTIL RENEWAL
COMPLETE THE PROCESS NOW!

[Link for Accreditation https://playtherapy.org.uk/accreditation/](https://playtherapy.org.uk/accreditation/)



If you would like recognition for your experience as a supervisor, you can apply for senior status. This recognises 300+ hours of providing clinical supervision. Please enquire at clinical@ptukorg.com

SUPERVISOR MEMBERSHIP RENEWAL



WILL START IN NOVEMBER 2026

**MEMBERSHIP RENEWAL FOR 2027 WILL OPEN IN DECEMBER AND
WILL NEED TO BE COMPLETED BEFORE THE END OF JANUARY 2027.**

Membership E Card

Members with e cards will have already been sent a link via email by the Membership team.

Please check your spam, if you haven't received it yet. You will need to download/access the e card app called Cardskipper.



Cardskipper



- Download this app onto your mobile phone, computer, laptop device.
- Create your log in details and password to access your PTUK/PTI membership e card.
- You do not need a new link when details are updated affecting your membership card.
- Any changes to your membership card should be updated automatically.
- You do not need a new link each time you revalidate.
- Always access the Cardskipper App, to see your membership card.

If there is something you see that is not correct on your membership card, please contact a member of the Membership team: contact@ptukorg.com

As part of our commitment to sustainability, PTUK/PTI have decided to transition fully from physical plastic membership cards to digital e cards from this coming revalidation.

This ecofriendly update will significantly reduce our plastic waste and lower our carbon footprint associated with production, postage, and delivery.

Your new e membership card will be accessible on a device of your choice, offering more convenience once you have renewed your membership.

THE MEMBERSHIP TEAM WILL FORWARD DETAILS OF OUR E CARD PROVIDER CARDSKIPPER WHEN YOUR MEMBERSHIP IS RENEWED. WE BELIEVE THIS IS A **POSITIVE STEP FORWARD** FOR BOTH MEMBERS AND THE ENVIRONMENT.

GOOD NEWS! – ROLLING REVALIDATION



Our services to our members are important to us, and we continue to do our best to support you.

Rolling revalidation for PTUK and PTIRL membership renewal revalidation has been discontinued. To ensure a more streamlined and consistent renewal process for all members, renewals will not take place on a fixed date.

This means all members will renew their membership annually commencing now by 1st February 2026 or 1st February 2027, and by the 1st of February each year thereafter, aligning with our existing membership cycle. We will be in touch with further details regarding your specific renewal date and how to complete the process.

The services we offer to our members stand at the heart of our mission. We listen to your voices through which we continue to grow. Guided by your suggestions, each day we strive to support you, deepen our commitment so that we can work together towards the better future for the children.

WE'VE HAD OUR ANNUAL 2026 CONFERENCE HAVE A LOOK!



**SAND
MASTERCLASS
WITH DR
BARBARA
TURNER**



SAND MASTERCLASS WITH DR BARBARA TURNER



Thank You

From the bottom of our hearts we would like to thank each and everyone that attended the conference!



If you missed this amazing event, you can sign up for the replay coming soon...



with love,
The Conference Team



! Mandatory CPD Training !

1

Equality, diversity and human rights

2

Data management and GDPR for play therapists

3

Safeguarding for play therapists

4

Health, safety and risk assessment for play therapists

Booking for all courses will open on 23rd of February 2026 and need to be completed before revalidation in 2027.

Our courses are Play Therapy specific, but other external equivalent training will also cover mandatory requirements.



PLEASE
FIND ALL
UPDATES
ON OUR
WEBSITE.
[CLICK HERE](#)



CHILD MENTAL HEALTH CHARTER

WOW WHAT A BUSY MONTH JANUARY HAS BEEN FOR THE CHILD MENTAL HEALTH CHARTER.

YOU MAY HAVE SEEN AN ARTICLE ON SKY NEWS OVER THE HOLIDAY ABOUT EMOTIONAL HEALTH PROFESSIONALS FOR CHILDREN BEING UNREGULATED. CMHC COMMITTEE MEMBER MELANIE JONES SPOTTED THIS AND ACTED QUICKLY, CONTACTING THE JOURNALIST AND ASKING FOR A MEETING TO COLLABORATE AND MOVE FORWARD. WATCH THIS SPACE. THANK YOU MELANIE FOR YOUR SPEEDY RESPONSE.

COMMITTEE CHAIR SARAH AND COMMITTEE NETWORKING AND COMMUNICATIONS LEAD CATHY SPOKE AT THE CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH COALITION LUNCH AND LEARN ONLINE THIS WEEK, HIGHLIGHTING THE WORK OF THE CMHC AND ANSWERED QUESTIONS IN THE Q & A SESSION TO.....WELL DONE LADIES A GREAT START TO THE NEW YEAR PROMOTING THE IMPORTANCE OF REGULATION.

LASTLY YOU MAY HAVE RECEIVED AN EMAIL ABOUT CONTACTING YOUR MP SPECIFICALLY IN CHILDREN'S MENTAL HEALTH WEEK WHICH WAS 9 – 15TH FEBRUARY 2026. THE CHARTER COMMITTEE MEMBERS THANK THOSE PTUK REGISTRANTS WHO CONTACTED THEIR MPS IN THAT IMPORTANT WEEK TO ONCE AGAIN RAISE THE AWARENESS.

IF YOU HAVEN'T ALREADY CONTACTED YOUR MP ABOUT OUR WORK THEN PLEASE DOWNLOAD THE EMAIL TEMPLATE FROM OUR WEBSITE.

THANK YOU ALL FOR YOUR CONTINUED SUPPORT.

#TOGETHER WE ARE STRONGER, WE REALLY, REALLY ARE.

WHAT'S HAPPENING AROUND THE WORLD?

FOR LATEST
CERTIFICATE,
DIPLOMA AND
MASTERS DEGREE
DETAILS -
[CLICK HERE](#)

UPCOMING COURSES



**POSTGRADUATE DIPLOMA
IN PLAY THERAPY**

Accredited by the University of Chester, UK
Pathway to MA in Practice-Based Play Therapy

DESIGNED FOR....

- Career:** Career & clinical skills advancement
- Practice:** Satisfaction when working with children
- Professional:** Professional standards alignment
- Personal:** Personal growth & reflective practice
- Clinical:** Intervention capability for behavioural & mental health needs

PROGRAMME

- ✓ 15 consecutive days of Face-to-Face experiential training (Mandatory attendance)
- ✓ 100 hours of supervised clinical practice
- ✓ Written Assignments & Final Portfolio
- ✓ Completed within 20 months

COURSE FOCUS

Building on Postgraduate Certificate in Therapeutic Play Skills (Stage I), this Diploma deepens humanistic play therapy practice, grounded in Rennie Rogers and Oaklander—for children with moderate to severe needs, individually and in groups.

**CERTIFIED
PLAY
THERAPIST**

**NOV 24 – DEC 8,
2025**

**VENUE: REGAL KOWLOON
HOTEL (TBC)**

REGISTER NOW!
info@playtherapyhk@gmail.com

ENTRY REQUIREMENTS

- Completion of the Postgraduate Certificate in Therapeutic Play Skills
- Completed at least 75 clinical hours of supervised play therapy with children prior to the course commencement date
- A current membership with Play Therapy Hong Kong / Play Therapy International / other countries and a Trainer or a Certified Practitioner in Therapeutic Play Skills

COURSE FEE

HKD49,500

IMPORTANT

- All Postgraduate Certificate academic assignments (excluding Case Study) must have been submitted and marked by the Course Director.
- Students may only apply after one month has passed since the due date of final Certificate academic assignments.
- The reference from the Course Director cannot be obtained until the students' academic work has been marked.

APPLICATION DOCUMENTS

- i. Membership Card (Current PTUK/PTI/PTHK or other countries).
- ii. Postgraduate Certificate in Therapeutic Play Skills (for Certified Therapeutic Play Practitioners).
- iii. Clinical Supervisor Reference (Confirming your 75 clinical hours).
- iv. Course Director Reference (Note: This will be sent separately once your marks are confirmed).



REGISTER NOW!
playtherapyhk.org.hk

Post Graduate Diploma in Therapeutic Play Skills

Course Dates: 18 July – 1 August 2026

Time: 9:00 am – 5:00 pm daily

Venue: Regal Kowloon Hotel

Course Fee: HK\$49,500

Application and Enquiries:

write to playtherapyhk@gmail.com for
enrollment procedure

For Graduates of Post Graduate Certificate
in Therapeutic Play Skills

WHAT'S HAPPENING AROUND THE WORLD?



THERAPEUTIC PLAY SKILLS PRACTITIONER (PLAY THERAPY UK)



15 days consisting of 3 blocks
Physical Class

- Block 1 : 12 to 16 September 2026
- Block 2 : 22 to 26 October 2026
- Block 3 : 17 to 21 December 2026



PHYSICAL CLASS VENUE

CAE MALAYSIA

Setiawalk Puchong
Unit J-03-03, Block J,
Pusat Bandar Puchong , Selangor

FOR MORE INFORMATION



+6012 575 1321



+6018 662 3013

www.cae.my

jarinah@cae.my

The course is designed for anyone with experience of children or adolescents, who either works or intends to work therapeutically with them including:

- Counsellors/Psychotherapists
- Clinical/Child Psychologists
- Educators
- Special Needs Educators
- Nurses/Social Workers
- Care Home Staff
- Adoption/Foster Agency Workers
- Behaviour/Educational Therapists

COURSE OUTLINE

- Orientation to Setting Up and Development of Practice Based
- Play Therapy within an Integrative Holistic approach
- Using Symbolic Play Therapy Tools and Metaphor Safely
- Using Expressive Arts Therapies
- Virginia Axline, Carl Rogers and the Gestalt Play Therapy approach of Violet Oakland

WHAT'S HAPPENING AROUND THE WORLD?

Bring the power of *music* to the children you care for

A two-day course for professionals in children's hospices, palliative care, and hospital play and education settings.

This course will help you:



Support non-verbal communication



Use gentle, adaptable techniques for children with limited mobility or sensory needs



Provide emotional support and create meaningful memories



Reduce anxiety, build trust and connection



Use music for bedside sessions, family involvement and group activities



Build confidence – no matter your level of musical experience

“ The training was perfect for the children we look after at the hospice and there are so many aspects I can take back and use with our children and pass on to my colleagues. It's very rare to find training aimed at children and young adults with complex medical needs and life limiting conditions so this was an amazing opportunity. I couldn't pick a favourite aspect as it was all so beneficial to my role. ”

Ruth, Children's Hospice Nurse

COURSE DETAILS



LONDON

29–30 September 2026



YORK

9–10 November 2026



COST

£95 for both days, including lunch and refreshments.

Meaningful musical moments.
Lasting impact.



Book your place today!



jessiefund.org.uk/our-work/training/making-music-with-special-children/



Jessie's Fund





HM Government

GREAT BRITISH SUMMER SAVINGS



25 JUNE – 1 SEPTEMBER 2026

Enjoy more for less this summer



**5% VAT ON
CHILDREN'S
MEALS**

in restaurants



**5% VAT ON
FAMILY
TICKETS**

cinemas, theatres,
concerts & exhibitions



**5% VAT ON
ATTRACTIONS**

a wide range of
attractions



**FREE BUS TRAVEL
DURING AUGUST**

for children aged
5 to 15 in England



FIND ATTRACTIONS NEAR YOU

summersavings.gov.uk

**MAKING SUMMER
SPECIAL FOR FAMILIES**



SUPERVISION SUPPORT FORUM

WE CARE ABOUT YOU!

Save the following dates
(The same agenda will be
covered on both Monday
and Tuesday) Choose
which one works for you



NOVEMBER 2026

Monday 2nd November 2026 at 11am
Tuesday 3rd November 2026 at 7pm

SUPERVISORS TOP-UP COURSE

Supervisors need to attend a 'Top Up' course every three years.
The next 'Top Up Course' will take place online on Monday 14th
September 9am - 12:30.

This will be a repeat of previous online 'Top Up' courses.
Applications will open soon but if you would like to be added to the
waiting list, please email the admin team at contact@ptukorg.com

CLINICAL FORUM DATES

6th July 8pm/ 7th July 9am

7th December 8pm/8th December 9am

*The clinical forums are an opportunity to meet up with members in PTUK and PTI.
There will be membership updates, inspiring stories from fellow therapists and
discussion opportunities. They will be for 1 hour/1 cpd point.
Any questions or thoughts regarding the forums, please send in to
contact@ptukorg.com.*

PQ COURSE IN SUPERVISION

We are currently in the process of confirming new dates and venues.
If you would like to be added to the waiting list for this course, please email
contact@ptukorg.com

SUPERVISOR HANDBOOK

Unfortunately, we have had some IT issues recently so we have not been able to update the 'Supervisor Handbook' on the website. Instead, an updated version was emailed out to all supervisors on 15th June 2026. This version is dated September 2025 and the **updates are in orange.**

SUPERVISOR MEETINGS

At the last meeting we introduced the idea of 'Spotlight On Success' and Karen Durkin, who is a PTUK supervisor spoke about the book that she has just published called 'Creative Supervision: 50 Creative Activities For Reflective Practice'. It was great to hear such positive feedback from people who are already using her book. Thanks for sharing this with us, Karen!



SPOTLIGHT ON SUCCESS



We are keen to hear about what PTUK supervisors are doing. If you would like to have 5 minutes at the next meeting and have the 'spotlight' on you, then email in and let us know. You might want to share a book that you have written, training that you have developed or a project that you are involved in. Just let us know by emailing supervision@ptukorg.com

DISCUSSION GROUPS

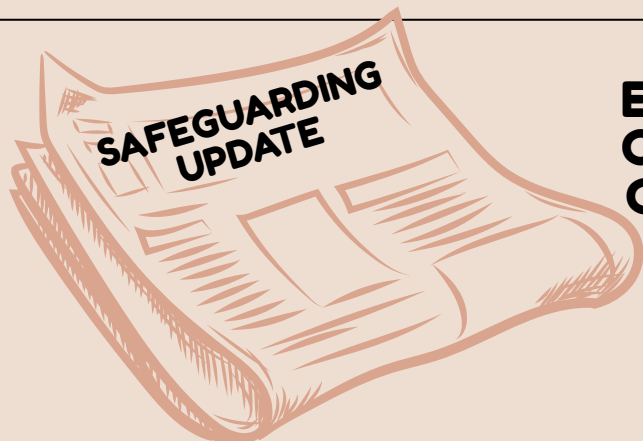


We have managed to have some time in break out rooms during the last few supervisor meetings and supervisors have said that they have enjoyed connecting with other supervisors. If you would like to raise a topic that you think would be useful to discuss in break out rooms, please email in and let us know.

TRAINING DATES

[CLICK HERE](#)





ETHICS OF WITNESSING IN CLINICAL CASE NOTES OF CHILDREN IN STATE CARE: FROM DATA EXTRACTION TO NARRATIVE CARE

BY SAMANTHA PHIPPARD

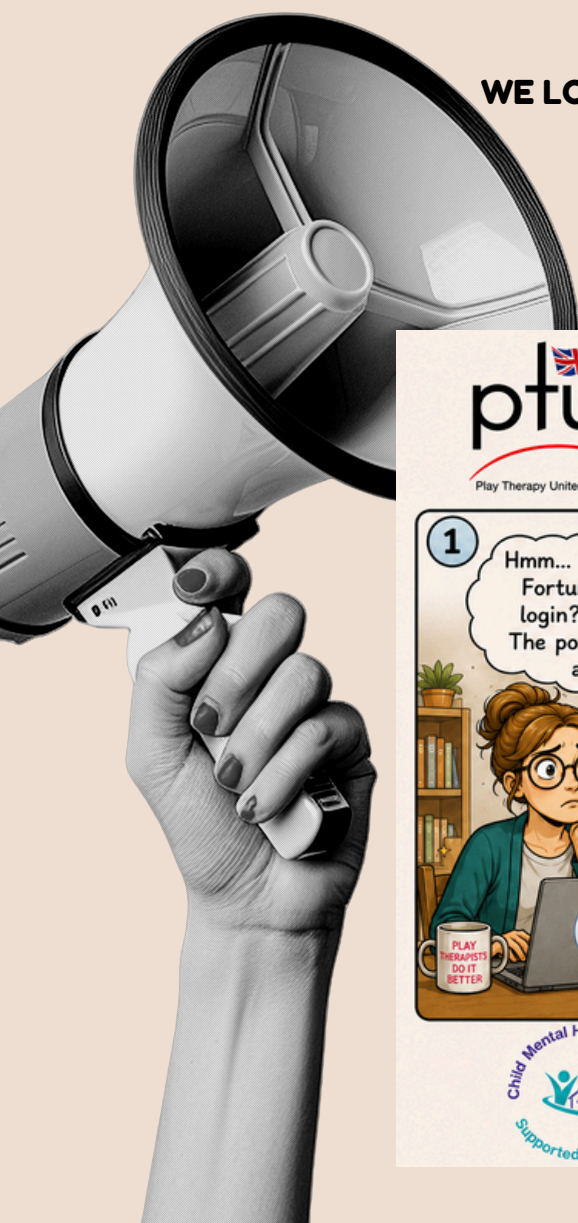
[CLICK HERE FOR FULL ARTICLE](#)

The **clinical team** are working on some projects to strengthen awareness and recognition of **professional membership** and high standards of competence and training our members hold, to support knowledge with parents, stakeholders and other professionals.

Clear competencies for each PSA accredited grade on the Play and Creative Arts Register will be published in the coming months along with resources to support members with clarity and recognition to use in their Play and Creative Arts Therapy Practice.

WE LOVE TO HEAR FROM YOU ALL AND LOOKING FORWARD TO SEEING YOU AT THE NEXT CLINICAL FORUM

JULY 6TH 8PM | JULY 7 9AM




 Play Therapy United Kingdom


 professional standards authority
 accredited register


 PLAY THERAPY INTERNATIONAL

1

Hmm... I can't access Fortuna. Is it my login? My email? The portal gremlins again?!

KEEP CALM & PLAY ON

PASSWORD THIEF EXTRAORDINAIRE

PLAY THERAPISTS DO IT BETTER

2

FORTUNA TO THE RESCUE!

First step, don't panic! For any Fortuna issues, big or small, contact:

fortunaenquiries@playtherapy.org

3

Oh, brilliant! I didn't know there was a specific support email!

We're always here to help, lovely!


 Child Mental Health Charter
 Supported by PTUK

Remember: When in doubt, email fortunaenquiries@playtherapy.org - Fortuna's got your back!


 The British Council
 For International Understanding

CLINICAL GOVERNANCE WORK

As part of our clinical governance work, we have the privilege of connecting with members across the UK, and around the world. These conversations provide valuable opportunities to offer support, learn about individual practice, and celebrate the impact of play therapy in communities nationwide. It is always inspiring to hear such positive stories of how your work is creating meaningful change in the lives of children and young people. We are proud to be part of such a dedicated, compassionate, and skilled professional community.

Recent feedback from members following their clinical governance support check;

"I have really enjoyed this process, it has been really helpful in guiding me to keep everything up to date and reflect on my own professional practice."

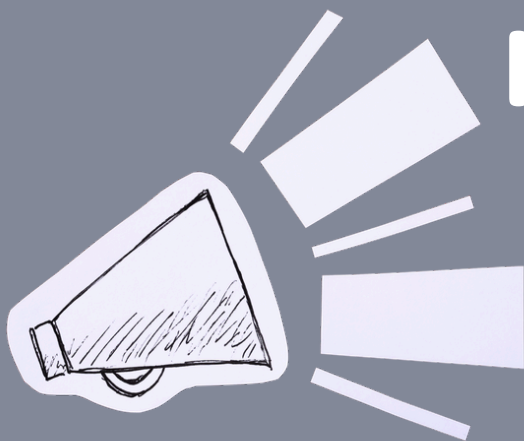
"I didn't know what to expect and was a little worried to be honest, but it has felt very supportive and helpful, thank you."

"It's great to have the opportunity to share feedback and CPD ideas."

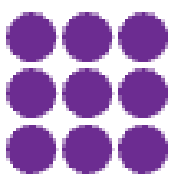
You said, we listened:

Many members told us that the conference location in Uckfield was difficult to access. In response, we trialled a more centrally located venue this year. We recognise that there is no single location that will be convenient for everyone, and we would welcome your feedback on this year's venue and overall conference experience.

Members also asked for a greater range of twilight and online CPD opportunities. In response, we have expanded our CPD programme this year to offer a wider variety of learning opportunities and more flexible ways to engage.



IMPORTANT NOTICE

 professional
standards
authority
for Health and Social Care



**PSA HAS UPDATED THEIR STANDARDS.
TAKE A LOOK.**



**“THE ONE CHANGE THAT WORKED: I BANNED MYSELF
FROM SOCIAL MEDIA – AND MY CHILDREN HAVE NEVER
BEEN HAPPIER”**

Read more



DEAR VALUED MEMBERS,

**WE'RE DELIGHTED TO SHARE THAT THE SPRING 2026 EDITION OF PLAY FOR
LIFE IS NOW LIVE ON THE PTUK WEBSITE!**

**THIS LATEST ISSUE IS PACKED WITH EXCITING UPDATES, INSPIRING STORIES,
AND ALL THE LATEST NEWS FROM ACROSS OUR COMMUNITY. WHETHER
YOU'RE LOOKING TO STAY INFORMED OR FEEL INSPIRED, THERE'S
SOMETHING FOR EVERYONE TO ENJOY.**

**CLICK THE LINK BELOW TO EXPLORE THE NEW EDITION AND SEE WHAT'S
BEEN HAPPENING—HAPPY READING!**

[HTTPS://PLAYTHERAPY.ORG.UK/PLAY-FOR-LIFE-PUBLICATIONS/](https://playtherapy.org.uk/play-for-life-publications/)

UPCOMING COURSES

Supervisors 2026 Top Up Course
Monday 14th September 2026. 10am to 1.30pm

APPLY NOW



SUPERVISION SUPPORT FORUM

HOW TO FIND A SUPERVISOR?



SCAN FOR PODCAST

In this episode from Sarah Stout's podcast, 'The Trainee Play Therapist Diaries', which is a conversation I had with her about supervision, is very helpful for trainees when they start to look for a supervisor, for people thinking of doing the supervisor training, or in helping employers understand why supervision is important and may help them to think contributing to it is worthwhile!



JOIN US FOR OUR ONLINE
CONTINUING PROFESSIONAL DEVELOPMENT (CPD) COURSES

[CLICK HERE TO SEE OUR CURRENT CPD COURSES AVAILABLE.](#)

For external CPD courses that are accredited by PTUK, our members can view these courses. Head over to <https://playtherapy.org.uk/login/>

Click the blue button in the members area to view the courses available and find out how to apply.



BATTLES AND FIGHTS IN THE PLAYROOM

 28 August | 13:00-15:00 (online)

 2 CPD points

 Joe Jardim-Hinds

 Fee: £45




pti ptuk

STORYTELLING IN THE PLAYROOM

 04 September | 13:00-15:00 (online)

 2 CPD points

 Joe Jardim-Hinds

 Fee: £45

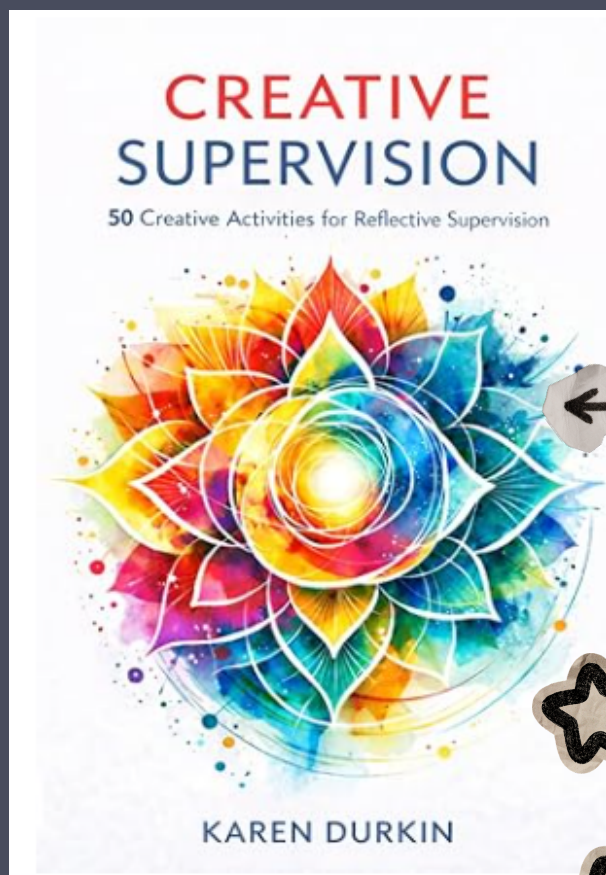



pti ptuk



LOOK OUT FOR A DSL SAFEGUARDING TRAINING
SPECIFICALLY WRITTEN FOR PLAY THERAPISTS
WORKING IN PRIVATE PRACTICE/ RUNNING THEIR
OWN BUSINESS. DATES WILL BE RELEASED OVER
THE COMING WEEKS.

CELEBRATING OUR MEMBERS! & their achievements



Karen Durkin has written a book!

50 creative supervision activities included!



Knit-for-Nowt
Supporting therapy, one stitch at a time

Handmade with love, given for free

FREE WORRY MONSTERS, WORRY ANIMALS & THERAPY HAND PUPPETS for Therapists

The waiting list will open on:
MONDAY, 18 MAY
8:00AM

Be ready! Only the **first 200 orders** will be accepted. Last year the list closed again after about an hour!

WHAT YOU CAN REQUEST:

- A box of worry monsters/animals (up to 5)
- Therapy hand puppet sets (if requested)

GOOD TO KNOW:

- Items are **FREE** but we do ask for the postage & packaging.
- All items handmade with care and love

HOW TO APPLY:
Applications must be submitted from **8am on Monday 18 May** by filling in the **Contact Form** on our website.

www.knitfornowt.org

Thank you for supporting our charity work!

Thank you and best wishes,
Clare (organiser)

Clare Allan
Knit-for-Nowt
07538 157487
www.knitfornowt.org



RESOURCE OF THE MONTH



Dr Vanessa Lapointe

CHANGING THE LENS ON DISCIPLINE

Imagine if you knew the root of where your child's behavior is coming from... How would it change your parenting strategy?

If you're a parent who feels like their home is chaotic, filled with yelling and frustration... you're not alone. Parenting pop culture leads us to feel like we're alone in our struggles and everyone else is a perfect parent who never yells with perfectly behaved children.

And it leads us "regular parents" to feelings of guilt and inadequacy, leaving us thinking we're not doing enough for our kids... which just isn't true!

Get INSTANT access to this free webinar, as well as parenting tips, news and other offers from Dr. Vanessa Lapointe. We don't share your information with anyone else, and you can unsubscribe at any time



 **WATCH THE FREE WEBINAR**