



Integrative
theoretical
stance to Play &
Creative Arts
Therapy

Holistic view of
the child;
within their home
and education
contexts, and
wider systems

Holistic view of
the child;
developmentally,
relationally,
physiologically.

Integrative Holistic Model of Play Therapy

Integrative use
of the full
therapeutic
ToolKit of play
and art media

Integrative
psychotherapeutic
framework
underpinning the
therapeutic
alliance

Design by
S. O'Neill
2025

The five components of the model all work together; they are integrated and connected. Therapists need to keep on top of the skills and knowledge that each element requires, for their practice to benefit from the model's clinical coherence and consistency