



# HARASSMENT & ANTI-BULLYING POLICY

PLAY THERAPY UK

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## 1. Policy Scope

PTUK recognises that all employees have a right to work in an environment in which the dignity of individuals is respected and which is free from harassment and bullying. It is committed to eliminating intimidation in any form.

- The Policy is designated to all staff and sub-contractors of PTUK only and not for PTUK members.
- The Policy applies to harassment on the grounds of disability, gender, marital status, sexual orientation, age, creed, colour, race or ethnic origin.
- Harassment breaches PTUK Policy as outlined, and it is classified as a serious offence which may result in disciplinary action including summary dismissal under the Disciplinary Procedure.

## 2. Definitions

- Harassment is generally described as "unwanted conduct which affects the dignity of women or men at work; it encompasses unwelcome physical, verbal or non-verbal behaviour which denigrates or ridicules or is intimidatory". The essential characteristic of harassment is that the action(s) is unwanted by the recipient.
- The following interpretations and examples of harassment may be helpful in determining whether harassment has taken place.

### General Harassment

"Harassment can take many forms and may be directed in particular against women and ethnic minorities or towards people because of their age, disability, gender/gender reassignment, marriage / civil partnership, pregnancy/maternity, race, religion or belief, sex, or sexual orientation. It may involve action, behaviour, comment or physical contact which is found objectionable, or which causes offence; it can result in the recipient feeling threatened, humiliated or patronized and it can create an intimidating work environment."

### Sexual Harassment

"Sexual harassment can be defined as an uninvited, unreciprocated and unwelcome behaviour of a sexual nature which is offensive to the person involved and causes that person to feel threatened, humiliated or embarrassed. Examples of sexual harassment are:

- requests for sexual favours, including implied or overt promises of preferential treatment or threats concerning present or future employment status.
- offensive gestures or comments.
- sexually-orientated jibes, innuendo or jokes.
- unwanted physical contact.

- the display of sexually offensive visual material such as calendars, photographs, books, or videos.

Sexual harassment may be experienced by men or women as a result of the conduct of men or women. It applies equally regardless of grade or level of job and may also occur when dealing with external clients and/or members of the public".

### **Racial or Sectarian Harassment**

"In the workplace, racial or sectarian harassment may take the form of actual or threatened physical abuse or it may involve offensive jokes, verbal abuse, language, graffiti or literature of a racist or sectarian nature or offensive remarks about a person's skin colour, physical characteristics or religion. It may also include repeated exclusion of a person from an ethnic or religious minority from conversations, patronising remarks, unfair allocation of work or pressure about the speed and/or quality of their work in a way which differs from the treatment of other employees."

### **Bullying**

"Bullying is the intimidation or belittling of someone through the misuse of power or position which leaves the recipient feeling hurt, upset, vulnerable or helpless. It is often inextricably linked to the areas of harassment described above. The following are examples of bullying:

- Unjustified criticism of an individual's personal or professional performance, shouting at an individual, criticising an individual in front of others.
- Spreading malicious rumours or making malicious allegations.
- Intimidation or ridicule of individuals with disabilities and /or learning difficulties.
- Ignoring or excluding an individual from the team/group "

## **3. Responsibility of managers**

- Every manager has an obligation to prevent harassment/bullying and to take immediate action once it has been identified whether or not a complaint has been made.
- Allegations of harassment or bullying, received either informally or formally, must be dealt with promptly and sensitively.
- It is important that managers recognise that sexual harassment is any sexual advance unwanted by the recipient or behaviour which causes offence to the recipient. Similarly, racial harassment is behaviour which is racially offensive to the recipient. Managers must therefore take care to ensure that they do not pre-judge situations based on their own sexual or racial attitudes and perceptions.
- It may not always be appropriate for a line manager to be involved with specific complaints. For example, if the complainant is male and wishes to speak to a male, but the manager is female, or, if the complaint relates to the conduct of the line manager. The procedure below sets out the alternatives for such instances.

#### 4. Responsibilities for employees/ contractors

- Every employee/ contractor has a personal responsibility **NOT** to harass or bully other members of staff and the company's customers.
- An employee/ contractor who becomes aware of harassment or bullying occurring should bring the matter to the attention of his/her manager.

#### 5. Redress

An employee who feels that he/she has been harassed or bullied has a right to seek redress via the procedures set out below.

#### 6. Procedures for dealing with harassment.

An employee who feels that he/she is being subjected to harassment or bullying may attempt to resolve the matter informally in the first instance. In some cases, it may be possible and sufficient for him/her to explain clearly to the person(s) engaged in the unwanted activities that the behaviour is unwelcome, and that it offends or makes him/her uncomfortable.

- If at the initial informal discussion stage, the circumstances are too difficult or embarrassing to approach the harasser alone, the complainant may wish to be accompanied by a friend or colleague.
  - the complainant may wish to write a letter to the harasser (research has shown this to be very effective).
  - the complainant should keep a record of any incidents, detailing when, where, what occurred, and witnesses (if any).
  - in some cases, victims of harassment or bullying may not be sufficiently confident to tell the harasser that his or her behaviour is unacceptable. The Company emphasises therefore that staff **are not required** to approach the harasser in an attempt to resolve the problem informally and are entitled to report the matter immediately if they so wish.
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- Where the steps outlined above are unsuccessful or inappropriate, the complainant should raise the matter informally and in confidence with his/her manager. Alternatively, the matter may be raised with a more senior manager (if felt necessary this could be of the same sex as the complainant).
  - If the complaint relates to the conduct of the complainant's manager, the complainant may choose to discuss the matter with his/her manager's line manager.
  - The Manager will discuss the matter with the complainant and agree on a course of action. The complainant may be accompanied by a representative or work colleague at these meetings. The alleged harasser will also have the right to state their version

of events to the manager and to also be accompanied by a representative or colleague.

- The complainant must be assured that he/she will not be discriminated against or victimised for raising the complaint. Confidentiality will be observed throughout and the need for any disclosure of the details of the case will be discussed and agreed.
- At any stage of the process the complainant, the manager dealing with the complaint, or the accused may feel that they need the help of an independent person before deciding on the best course of action. The Company will seek the advice of a suitable trained person who can give confidential advice and assistance, including:
  - advising on the nature of harassment.
  - offering guidance on resolving harassment problems, including acting as an independent broker
- If the situation cannot be resolved informally then the complainant has the right to pursue his or her complaint formally via the Company's Grievance Procedure.
- Where management considers that there may be evidence of harassment, they may consider it appropriate to undertake a full investigation of the circumstances. In this case a manager not connected with the department involved, or an individual external to the Company will be commissioned to undertake this investigation. Best practices in relation to confidentiality will be maintained during this investigation, and both the complainant and the alleged harasser will have the opportunity to have their say. The investigator will also interview and take statements from any appropriate witnesses to the alleged harassment.
- Where there is evidence that harassment has occurred, prompt and corrective action will be taken, including disciplinary action where appropriate.
- Harassment is a serious offence which may result in summary dismissal.

## **7. Communication**

All staff will be informed of the Harassment and Bullying Policy and Procedure. They must be re-assured regarding:

- fear that others will consider the behaviour trivial and not take complaints of harassment seriously;
- fear that no action will be taken against a person guilty of harassment;
- fear of retaliation or victimisation in registering a complaint either informally or formally through the Grievance Procedure.

The Harassment and Bullying Policy will be part of staff induction.

## **8. Training**

Training will be provided for those employees who have a specific responsibility for implementing this Procedure or who may be involved in dealing with complaints which arise.

## **9. Monitoring and review**

In order to assess the effectiveness of the Procedure, statistics will be maintained in respect of the complaints of harassment. Strict confidentiality will be maintained, and the monitoring process will comply with the Data Protection Act.

The effectiveness of this policy will be reviewed annually by HR Manager.